

Taiwan HT Study Tour Report – KIU Kin Yan

- I am glad to have a chance to join this study tour organized by Hong Kong Association of Therapeutic Horticulture.
- We have visited many places and below please find my feelings and feedback.
- First, we visited a Farm managed by Faculty of Horticulture, National Taiwan University. And we had an opportunity to make our own plant handkerchiefs by rubbing and using a stone ball, the task was creative and everyone's handkerchiefs were unique. Apart from that, we all enjoyed the ice-cream sandwiches produced by NTU. Moreover, the other thing that impressed me was the experienced volunteer showed us the farm, with her detailed explanation on different crops.
- The visit to Mackay Memorial Hospital was very touching. No matter the powerpoint presentation, their hospice service, the spiritual room, case study or the staff there, were all human-oriented. The activity – seed card was undoubtedly meaningful, as seeds would create lives. Furthermore, they also focused on staff training in this Hospital, which was very important, in order to achieve the same goal.
- The introduction by CHANG Chien Lung, Bali Psychiatric Centre, DOH gave me a clear idea what they were doing, and I was fascinated by their patients' clay art.
- The most impressed place I visited was Nantou Education and Nursing Institute, Ministry of the Interior. The area is huge and their mosaic art work are very remarkable. Staff there do have great hearts. Besides, the assistance giving by Ray CHEN was also terrific, his expertise in flowers and plants did help a lot in the development of horticulture therapy.
- Roof Garden at Love Home, Taichung City was another outstanding project. They planted many different kinds of plants and herbs, so that the patients would have a chance to do planting, harvesting and making art pieces by using plants there.
- Although we did not have a lot of time to visit Hong-En Hospital, but the song and dance performance by their patients were excellent.
- The presentation by Prof. LIN Qiyun was terrific, very interactive and lively. I did learn a lot about Life and Death Education and her idea about having a Grief Healing Garden.
- Although we did not have a chance to meet the sculptor, Mr. WANG Xiuqi, we had seen his collection of artpieces, which were amazing, he used bronze, stones, other metal to create different human beings, with different facial expressions.
- Overall, this trip could definitely achieve more than I expected, the feeling was it was far more better than just a conference. We all had chances to see the behind-the-scene items and tours. Besides, I had a chance to meet different people, both in Taiwan and Hong Kong, those people with the same targets and objectives.



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第一屆港台園藝治療交流會報告 - 喬建欣

- 很高興有機會參加由香港園藝治療協會舉辦的【第一屆港台園藝治療交流會】，藉此學習更多有關園藝治療的知識。
- 我們參觀了多個機構，以下是我的感受及回應。
- 首先，我們參觀了由國立台灣大學園藝系主理的農場；我們還有機會親手用石頭拓印一條植物花胚布手帕，非常特別及有特色，且可發揮創意。在炎炎夏日參觀農場完畢後，有幸品嚐由國立台灣大學出產的、冰凍的克力架雪糕三文治，涼透心極了；還有那位充滿熱誠的志工，為我們作導賞講解及示範製作拓印手帕，印象難忘。
- 馬偕紀念醫院之行實在十分感動，不論是投映報告、其安寧服務、醫療個案或是他們的員工都是以人為本。至於種子咕的製作亦十分特別及有意義，種子又可孕育生命。另外，馬偕紀念醫院對員工的培訓亦十分重視，那麼員工更能一致向同一目標幹。
- 行政院衛生署八里療養院張建隆的介紹給予我一個清晰的概念，了解他們在做甚麼；還有欣賞其院友的陶藝作品。
- 另外一個令我印象深刻難忘的要算是參觀南投啓智教養院，地方很大、小朋友做的馬賽克作品很精緻和美麗，各員工都顯得很有愛心。除此之外，行政院農業委員會台中區農業改良場花卉研究室的陳彥睿先生的協助亦十分重要，令整個園藝治療的發展穩步進行。
- 另外參觀台中市的愛心家園的屋頂花園，它確是一個出色的項目。他們種了不同種類的植物及香草，令小朋友可參與當中的種植、收割及利用植物來製作不同的藝術品，當中小朋友必定有很大的滿足感。
- 雖然逗留在宏恩醫院的時間不多，但由該院的院友為我們表演的歌舞，十分精彩。
- 林綺雲教授的報告亦十分精彩，互動及生動；而且我學會多了有關生死教育的東西和好設計癒花園的理念，獲益良多。
- 雖然今次沒有機會與雕塑家見面，但亦有幸可欣賞他用銅、石或其他金屬雕塑而成的藝術作品 - 有不同的人像、有不同的面部表情。
- 總括來說，是次交流會令我獲益良多、比預期的期望高，感覺比只參與會議好得多，我們可觀看不同的導賞。除此之外，我還有機會認識台灣及香港的志同道合，向著同一個夢想進發。

