



## Symposium on Investigate Horticultural Therapy for Frail Older people in Residential Care

『探討園藝治療對院舍體弱長者的幫助分享會』

*Organized by the Pok Oi Hospital*

**Date: 27th February, 2017 (Monday)**

**Time: 2:30pm to 4:30pm**

**Aim of study :** To investigate the use of HT in the improvement of mental health for frail residents in the long-term residential care

### Ω Ω Introduction of speakers Ω Ω

#### **Dr. Mimi Tse (謝敏儀博士) (co-investigator)**

*Assistant Professor, The Hong Kong Polytechnic University*

*RN, Phd*

#### **Specialty and Research Interests**

Specialties: care of frail older adults, non-pharmacological strategies in pain management, nutrition and lifestyle, online education



#### **Ms Fung Yuen Yee, Connie (馮婉儀女士) (co-investigator)**

Horticultural Therapist Registered, American Horticultural Therapy Association (AHTA)

Registered Horticultural Therapist, Hong Kong Association of Therapeutic Horticulture(HKATH)

BA (SW) (CityU), MHS (Gerontology)(UNE), RSW

2015 Rhea McCandliss Professional Service Award (AHTA) recipient

President, HKATH



#### **Specialty & Research Interests:**

Horticultural Therapy(HT): integration of theory and practice, elderly service, group work with children and youth, design of HT intervention protocol, evaluation of effectiveness of HT with different target.

Ω Ω RUN DOWN Ω Ω

**(2:30-2:35)**

**Introducing speakers and presenting Souvenirs**

**(2:35-2:40)**

**Welcome speech**

**(2:40-3:20)**

**Symposium – HT Research Presentation**

Dr. Mimi Tse

Assistant Professor, The Hong Kong Polytechnic University

**(3:20-3:35)**

**Break**

**(3:35-4:05)**

**Symposium – Introducing 8 weeks HT Protocol**

Ms Connie Fung

President, HKATH

**(4:05-4:15)**

**Application of HT in C&A Home  
Positive Effect VS Challenge**

Pok Oi Hospital C&A Home Staff and Elderly

**(4:15-4:30)**

**Q&A**